

Gender Inclusivity toward a Responsive Community

Resource Speaker:

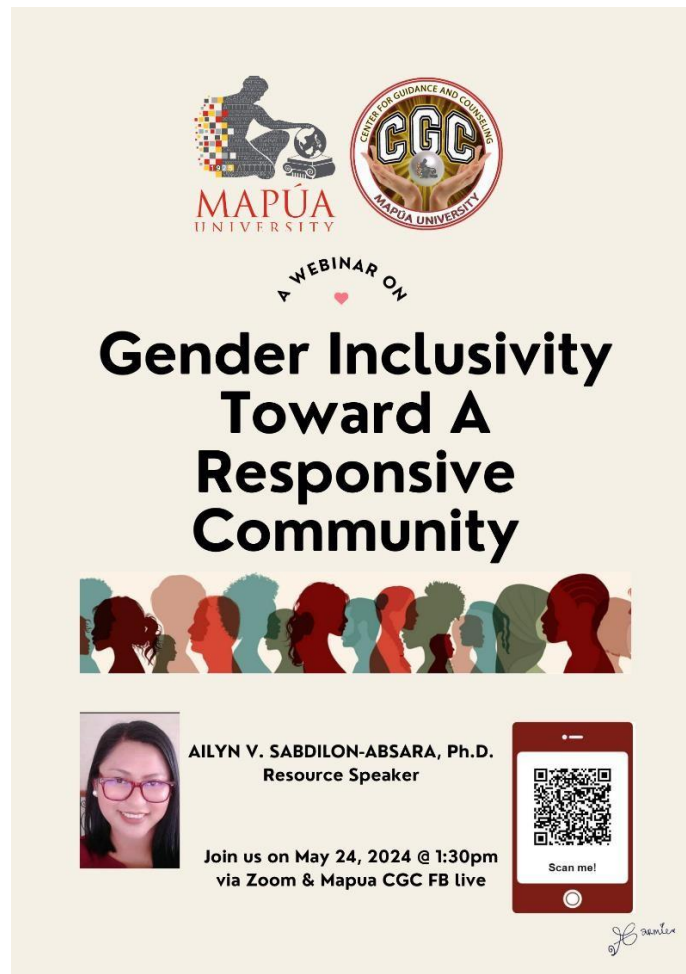
Ailyn V. Sabdilon-Absara, PhD

May 24, 2024

Via Zoom Meetings and CGC Mapua FB Live

With 80 Participants

FB Link: <https://www.facebook.com/share/v/Xt7U2ZjF4YXsymxc/>



The poster features the Mapua University logo and the CGC (Center for Guidance and Counseling) logo at the top. Below the logos, it says "A WEBINAR ON" with a small heart icon. The main title is "Gender Inclusivity Toward A Responsive Community" in large, bold, black letters. Below the title is a row of colorful silhouettes of diverse people. At the bottom left is a photo of Ailyn V. Sabdilon-Absara, Ph.D., with her name and title "Resource Speaker" next to it. To the right of the photo is a QR code with the text "Scan me!" below it. At the bottom center, it says "Join us on May 24, 2024 @ 1:30pm via Zoom & Mapua CGC FB live". A signature is visible at the bottom right.

MAPUA UNIVERSITY

CENTER FOR GUIDANCE AND COUNSELING
CGC
MAPUA UNIVERSITY

A WEBINAR ON

Gender Inclusivity Toward A Responsive Community

Ailyn V. SABDILON-ABSARA, Ph.D.
Resource Speaker

Join us on May 24, 2024 @ 1:30pm
via Zoom & Mapua CGC FB live

Scan me!

zoom Workplace Meeting AILYN SABBILON-ABSARA's Facebook View

Gender is one of those things that everyone thinks they understand, but most people don't. Gender is not binary. This infographic is designed to help people better understand what gender is along four different continuums- identity, expression, sexual orientation, and biological sex.

Gender Identity
Woman Genderqueer Man
Gender identity is how you, in your head, identify yourself. It is the chemistry that composes you and how you interpret what that means.

Gender Expression
Feminine Androgynous Masculine
Gender expression is how you demonstrate your gender (based on traditional gender roles) through the ways you act, dress, behave, and interact.

Sexual Orientation
Heterosexual Bisexual Homosexual
Sexual orientation is who you are physically, spiritually, and emotionally attracted to based on their sex/gender in relation to your own.

Biological Sex
Female Intersex Male
Biological sex refers to the objectively measurable organs, hormones, and chromosomes. Female= vagina, ovaries, XX chromosomes; male= penis, testes, XY chromosomes; intersex= a combination of the two

Audio Video Participants Chat React Share Apps Record More Leave

Arlene Macatuggal
de Belen, Carmelissa
AILYN SABBILON-ABSARA
CGC - Sharon Tl...
CGC - Sharon Timpug
Jonathan Campo

zoom Workplace Meeting AILYN SABBILON-ABSARA's Facebook View

In a diverse and interconnected world, **Gender Inclusion** should drive the narrative, given its strong influence on individual lives, communities, and society.

THE INTERSECTIONALITY OF GENDER INCLUSION AND HUMAN RIGHTS

SOCIO-ECONOMIC IMPACT OF GENDER INCLUSION

EMOTIONAL AND MENTAL WELLNESS: THE ROLE OF GENDER INCLUSION

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GENDER INCLUSION AND HUMAN RIGHTS

- Universal Declaration of Human Rights (UDHR-1948)
- RA 6949 Anti-Violence Against Women & Their Children Act of 2004
- RA 6949 Anti-Trafficking in Person Act of 2003
- RA 11862 Expanded Anti-Trafficking in Persons Act of 2022
- RA 8353 Anti- Rape Law of 1997
- RA 7877 Anti Sexual Harassment Act of 1995
- RA 6949 Declaring Amrch 8 as National Women's Day
- RA 11861 Expanded Solo Parents Welfare Act
- RA 9710 The Magna Carta of Women

- Gender inclusion is inherently tied to human rights.
- It means recognizing and respecting the gender identity of all individuals.
- Ensuring everyone is granted equal rights and protections against discrimination.

Arlene Macatuggal

de Belen, Carmelissa

AILYN SABDILON-ABSARA

CGC - Sharon Ti...

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Jonathan Campo

Audio Video Participants 77 Chat React Share Record More Leave

The presentation slide features a logo on the left consisting of a blue hand with a yellow star in the palm. To the right of the logo, the text reads "It Starts With me!" in a mix of black and blue fonts. Below this, a pink rectangular box contains the quote: "No one can make you feel inferior without your consent." followed by "—Eleanor Roosevelt".

On the right side of the Zoom window, a vertical list of participants is visible, including: Arlene Macatuggal, de Belen, Carmelissa, AILYN SABDILON-ABSARA, CGC - Sharon Ti..., CGC - Sharon Timpug, and Jonathan Campo.

The presentation slide is titled "Use Gender Neutral LANGUAGE" with a yellow star icon. It is divided into several sections:

- When greeting others:** Lists "ladies gentlemen ma'am sir girls guys etc." as terms to avoid. It suggests alternatives like "everyone", "folks", and "you all".
- Gender Inclusive Terms:** A central purple box with text suggesting alternatives for various pronouns and terms like "brother", "sister", "husband", "wife", "he", "she", "Mr.", "Mrs.", "Ms.", "Mx.", "kids", and "human".
- Be mindful of language:** A section explaining the importance of using inclusive language.

The participant grid on the right is larger, showing more attendees such as Wilca Salibay, Maria Mina Sal..., Maria Mina S. C..., 2019110876 - L..., MASANGKAY, S..., and others.

zoom Workplace Meeting AILYN SABBILON-ABSARA's Facebook View

AILYN SABBILON-ABSARA is talking...

Logical			Weak			Strong
Emotional		Sweet			Rational	Soft
Inflexible		Ambitious		Wild	Pretty	

Participants: 76

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Participants: John Gedwyne, djb leus, Leonard Isaac Chung, Ged Francis J. Mabag, Manaois, Ian Marco, Lian Liwanag, Laberinto, Midge..., Jolibeth Sagucio, Huang, Junne I..., Athala Marie Odo, Monsanto, Nica Aleah..., Diaz, Rochelle Nicole G., Sanchez, Jon-Vincent L., Yoo, Sumin, Arne-Jeanine Lagazo

zoom Workplace Meeting AILYN SABBILON-ABSARA's Facebook View

AILYN SABBILON-ABSARA is talking...

LABELS ASIDE,
WE ARE ALL UNIQUE
WE ARE ALL VALID

Participants: 74

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Participants: Preetkamal Thind, Heinz Peter Conde, Preetkamal Thind, Ables, Albert R., CpE 2020115814 - Luc..., Rabara, Julia Mi..., Coronacion, Cyril Jam..., David Garrido, BARTOLOME, IAN RHA..., Deang, Allana K..., Alexis Dallarte

